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The Good Earth Bath, Beauty & Health Book
Synopsis
This practical guide to beauty and well-being shows readers how to make lotions, toothpaste, bubble bath, massage oils, cough syrup, lip balm, perfume and hair-care items with ingredients that are readily available from shops. The book features more than 75 formulae.

Book Information
Paperback: 112 pages
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Average Customer Review: 3.7 out of 5 stars Â See all reviews Â (7 customer reviews)
Best Sellers Rank: #1,801,139 in Books (See Top 100 in Books) #39 in Books > Crafts, Hobbies & Home > Crafts & Hobbies > Flower Arranging & Crafts > Potpourri #99 in Books > Health, Fitness & Dieting > Beauty, Grooming, & Style > Cosmetics

Customer Reviews
Wow...I must have either not read any reviews on this book or hit a wrong button meaning to order a different book. This book is a waste of time and money. Recipes for "natural" things like lip balm tinted with crayons...yew, I'm sure there are crayola trees just growing out in the wild...mouthwash laced with vodka...mmmmm yea, the kids will love that! Well at least I can throw it into the recycle bin...

This is a great beginner book for those who want to try to make their own personal care products. Easy to follow recipes using products that are readily available at your local health food store with some being available at your regular grocery store. Good variety of recipes.

Bought this book due a friend of mine having it and my 12 year old and I wanted to do some of the projects in it. Was in great shape considering it to be a used book. More than worth the $3.00 I payed for it including shipping!!

Best book I have ever ordered and received. Just what I have been looking for. Just the book for
those who are interested in making their own bath and body personal items.

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