Synopsis

Milady’s Skin Care and Cosmetic Ingredients Dictionary, 4th Edition is more than just a dictionary of cosmetic ingredients; it is a guide to understanding skin types and skin physiology, product formulation and how cosmetic products interact with the skin. For ease of use, this book is split into three parts. Part 1 includes a basic explanation of skin anatomy and physiology, including skin types, conditions and problems. This knowledge is critical for understanding product performance. Definitions of common terms used in skin care formulation are also provided. Part 2 contains an alphabetical listing of more than 2,300 cosmetic ingredients with accompanying definitions that help identify the function and purpose of each ingredient with Part 3 offering a reference of Botanical Latin names for commonly used ingredients. This is an invaluable resource that will assist in making well-informed decisions regarding skin care ingredients and cosmetic products.

Book Information

Paperback: 352 pages
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Average Customer Review: 4.5 out of 5 stars (See all reviews) (44 customer reviews)
Best Sellers Rank: #44,227 in Books (See Top 100 in Books) #1 in Books > Health, Fitness & Dieting > Beauty, Grooming, & Style > Skin Care #12857 in Books > Reference

Customer Reviews

I am a new esti and I find this book helpful. I also like how the beginning of the book goes over the skin and how it works. I’ve seen some other desk references and this one is more comprehensive AND cheaper.

Tremendously useful: I love this. Very thorough, and doesn’t engage in mumbo-jumbo. Can all the claims be proved? I don’t know. Maybe no one does. (How many labs have peer-reviewed work on the efficacy of witch hazel extract?) But for the home lotion-maker and for anyone trying to navigate the miles of aisles of skin-care and cosmetic products, this is a helpful compendium. No fluff, no filler. Recommended.
I chose the book after reading some of the reviews and deciding that I really did need this to complete my library of Skin Care information. I find that I am constantly reading it or looking up ingredients for my hand made products. It is a small book, but loaded with good info for those of us that are not chemists or botanists. I would recommend this book if you are interested in your own health care with regards to skin care or if you made your own skin care. A must to have on hand.

I continue to purchase each new edition as it is helpful to me to know the latest ingredients being studied in the beauty industry. The layout of the book is well done as it is concise and easy to read.

I actually considered to re-sell this dictionary. Many ingredients are old and outdated, which I can easily search and find on Paula’s choice’s online ingredient dictionary. Paula’s dictionary is even more informative than this one, then why do I need this dictionary then.

I first check this book out at the library and after getting past the first chapter I knew it was a must have book! This book has everything you ever wanted to know about the ingredient in that product you’re using, don’t trust the labeling, knowledge is power!

This book is very informative and gives you the details on chemicals for formulations if you are making your own products. This is a book you don't want to be without and it is a good reference book.

As an esthetician, this is very handy to have. I bring it to work and break down ingredients lists on products so that I can sell them knowing how the product really works. A must have for any professional in the beauty industry.

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Care Products (Cosmetic Science and Technology Series Vol. 30) Anti-Aging Skin Care: Anti-Aging Skin Care Techniques for Beautiful, Flawless and Younger Looking Skin Guide To Anti Aging Skin Care Treatment: Learn All You Need For Treating Aging Skin To Look Younger Than Your Age (Anti Aging Skin Care, Anti Aging Diet, ... Emu Oil, Retinol, Best Eye Cream, Book 3) The Ultimate Guide To Skin Whitening: The Permanent, Most Effective Solution For Increasing Complexion And Having Beautiful Skin (Beautiful Skin, Improve ... Complexion, Become Fair, Skin Pigmentation) A Consumer's Dictionary of Cosmetic Ingredients The New Science of Perfect Skin: Understanding Skin Care Myths and Miracles For Radiant Skin at Any Age A Cup Of Coffee With 10 Of The Top Cosmetic Dentists In The United States: Valuable insights you should know before you have cosmetic dental work done What's Really in Your Basket?: An Easy to Use Guide to Food Additives and Cosmetic Ingredients Organic Homemade Lotion Recipes - For All Skin Types (The Best Lotion DIY Recipes): Lotion Making For Beginners (organic lawn care manual, organic skin care, beauty and the beast) Essential Oils Box Set #17: Coconut Oil for Skin Care & Hair Loss & Healing Babies and Children with Aromatherapy for Beginners (Coconut Oils, Skin Care, ... Healing, Detox, Virgin Coconut Oil) Make Your Own Skin Care Products: How to Create a Range of Nourishing and Hydrating Skin Care Products Clinical Guide to Skin and Wound Care (Clinical Guide: Skin & Wound Care) Natural Beauty Recipes: 60 Best-Kept Secrets to Care for the Skin: Natural Skin Care Tips Aesthetics and Cosmetic Surgery for Darker Skin Types Cats: Cat Care: Kitten Care: How To Take Care Of And Train Your Cat Or Kitten (Complete Guide To Cat Care & Kitten Care With Pro Training Grooming & Nutrition Tips)