The Bulawayo Cookery Book: Zimbabwe's Original 1909 Cookery Book

Zimbabwe's first household guide

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Synopsis

First published in 1909, Zimbabwe’s earliest cookery book will entrance you with over 230 recipes for African delicacies: aromatic green fig preserve; savoury bobotie (a curried meat-loaf that reflects southern Africa’s Malay heritage); zesty lemon pudding, and warm, spicy gingerbread. Zimbabwean originals, every one. More than fifty delightful contemporary advertisements, for long-established Zimbabwean companies like Puzey and Payne and Maskew Miller, lend vintage Edwardian style to this enchanting work. A brilliant book for anyone interested in the development of southern African cookery, or in Zimbabwean colonial history.

Book Information

File Size: 7545 KB
Print Length: 160 pages
Publisher: Jeppestown Press (January 8, 2016)
Publication Date: January 8, 2016
Sold by: Digital Services LLC
Language: English
ASIN: B01ADU9E4E
Text-to-Speech: Enabled
X-Ray: Not Enabled
Word Wise: Enabled
Lending: Not Enabled
Enhanced Typesetting: Enabled
Best Sellers Rank: #723,756 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #44 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Regional & International > African #100 in Books > History > Africa > Zimbabwe #141 in Books > Cookbooks, Food & Wine > Regional & International > African

Customer Reviews

Sometimes you need a cookbook with simple easy recipes with day to day food items. This is the one for you. Beautifully and simply written this cookbook is a story in itself. Recommended to all

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